



# Multi Sports

Multi Sports for 2 - 5 year olds



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 [KELLYSPORTS.COM.AU](http://KELLYSPORTS.COM.AU)

Our Multi Sports program introduces 2–5-year-old children to a variety of mainstream sports in a fun and supportive environment. It focuses on developing key fine and gross motor skills, along with improving hand-eye and foot-eye coordination. The program also encourages the development of important teamwork skills and promotes healthy, active habits from an early age.

## Sports Included in Term 1:

- ✓ Soccer    ✓ Tennis    ✓ Basketball    ✓ AFL

## Session Details:

Cost: \$64 in total - \$16 per session

Location: Swan Hill Racecourse

Session Days: Wednesday

Session Times: 9:15am - 10:05am &  
10:20am - 11:05am

Program Dates: March 11<sup>th</sup> - April 1<sup>st</sup>

Program Length: 4 weeks



## Things to know:

Consistency of having the same coach each week

- Maximal participation program
- Improve key social & communication skills
- Practice key Fundamental movement skills
- Ran by qualified coaches
- Age & developmentally appropriate activities

Sign up & receive a 30% off New Balance discount code! 

Website: [www.kellysports.com.au/bendigo](http://www.kellysports.com.au/bendigo)

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